

People up to playing a big game know the value of that off-the-court person who coaches them to great performance and a deliberate life.



Mary Andrews and her team of Andrews Performance Corporation (APC) Coaches work with people who are doing okay, but yearn for a greater sense of accomplishment throughout every arena of their life. Mary and the APC Coaches work with a diverse group of individuals, but the commonality is their rigorous attention to the mindset of “playing a big game,” the Olympic-like habits of being in action, and straight-flat accountability that sets aside judgmental flogging sticks.

Mary O. Andrews, MA, PCC
President, Andrews Performance Corporation
Olympian, Business/Life Coach, Performance Consultant



Individual & Group Coaching

Most of the coaching is done by phone, with 1:1 and group settings available for individuals ready to be massively supported in their thrival. Specialties include working with:

- **Leaders taking on being the one to influence how things go in their organization**
- **Entrepreneurs wanting to make their big idea happen**
- **Performing Artists who want success, well-being, and healthy relationships**
- **Parents of elite young athletes**
- **People designing what's next for them (career change, retirement, major moves)**
- **Couples who are deliberate about their relationship (based on 2+1 Couples Coaching)**

To book a 30 minute coaching conversation with Mary, contact us at info@andrewsperformance.com.

- Visit the Andrews Performance Corporation website at www.andrewsperformance.com
- Search for us on **Facebook** at Andrews Performance Corporation
- Connect on **LinkedIn** at www.linkedin.com/in/maryoandrews

“I participated in Mary’s group coaching for 7 months. I accomplished a major milestone in my career during this time, and developed the ability to step back, look at my life, and get clear on what I need and want. I thank Mary for the incredible way she runs group coaching that serves every individual on the call.”

---Actress and Business Woman